

**Name**  
**Lefteris (Eleftherios)**  
**Voyatzoglou**

**QUALIFICATIONS**

<i>Qualification</i>	<i>Date</i>	<i>Awarding Institution</i>
German Abitur: 2.2 Greek Apolytirion: 17.6	09.1993- 06.1999	German School of Athens
BSc (Hons) Podiatry:2.1 Certificate in Administration of Local Anaesthesia Certificate in Administration of Prescription only Medicine	09.1999- 06.2002	University of Salford U.K.
Msc Clinical Biomechanics of the Lower Limb	09.2002- 06.2005	University of Salford U.K.

**EMPLOYMENT &  
TEACHING EXPERIENCE**

<i>Date from</i>	<i>Date to</i>	<i>Position held</i>	<i>Organisation</i>
01.2003	10.2003	Basic Grade Podiatrist	NHS Wyre PCT, Blackpool UK
10.2003	07.2004	Senior II Podiatrist	NHS Tameside&Glossop PCT,UK
03.2006	NOW	Volunteer Diabetic Foot Specialist Podiatrist	AmaliaFlemingGeneral Hospital Athens,Greece
09.2009	09/2010	Specialist Podiatrist shadowing Prof. Katsilambros	Kyanous Stavros Hospital Athens, Greece.
06.2006	NOW	Private Practitioner	Private Practice Athens, Greece

## RESEARCH, SCHOLARLY OR CONSULTANCY ACTIVITIES:

### International Conferences Attended:

Location	Date	Conference
Sicily, Italy	26-28/09/2002	Steno Diabetes Centre - Practical Diabetology
Malvern, UK	17-19/05/2006	11 <sup>th</sup> Malvern Diabetic Foot Conference
Elsinor, Denmark	10-13/09/2006	VI Diabetic Foot Conference EASD Diabetic Foot Study Group (DFSG)
Noordwijkerhout, the Netherlands	09-12/05/2007	5 <sup>th</sup> International Symposium on the Diabetic Foot
Toronto, Canada	04-08/06/2008	3 <sup>rd</sup> Congress of the World Union of Wound Healing Societies.
Groot-Bijgaarden, Belgium	15-16/10/2010	Belgian Podiatry Conference
Porto Heli, Greece	15-18/05/2010	45 <sup>th</sup> Annual Meeting European Diabetes Epidemiology Group (EDEG)

### Educational Courses

World Union of Wound Healing Societies, Educational Training Programme on Wound Management. 14-15/12/2007, Athens Greece.

### Publications

#### Books:

1. D. Voyatzoglou, Parisianos eds. 2008. The Diabetic Foot. The role of Podiatry in the Management of Diabetic Foot Complications: 463-479.

### National and International Scientific Journals:

1. C.Loupa, M. Skopeliti, D.Chrisis, E Voyatzoglou, D. Voyatzoglou 2010. The use of dressings in the treatment of ulcers of the lower limb of diabetic patients: A useful tool, which however needs attention. *Hellenic Diabetological Chronicle*, 23, 3: 239-243.
2. E.Meimeti, A. Donou, E. Voyatzoglou et al. 2010. Dealing with Diabetic ulcers of the Lower Limb with the use of Negative Pressure System. *Hellenic Diabetological Chronicle*, 23, 4:313.
3. C. Loupa, A. Donou, E. Voyatzoglou et al. 2011 Registration of hyperglycemic and hypoglycemic episodes with the 48hour glucose registration system (Glucoday) in individuals with insufficient glucose control. *Hellenic Diabetological Chronicle*, 24,3:187-188
4. C. Loupa, E. Koutsantoniou, E.Voyatzoglou et al. 2012. The use of simple radiography (x-ray) in diagnosing osteomyelitis in the diabetic foot: A valuable approach in times of austerity. *Hellenic Diabetological Chronicle* , 25,3: 164
5. C. Loupa, E. Koutsantoniou, E Voyatzoglou, et al. 2013. Conservative Treatment of Osteomyelitis in the Diabetic Foot, without surgical debridement of the affected bone: A new reality under certain conditions. *Hellenic Diabetological Chronicle* 26,3: 183
6. K Papagianis, E Voyatzoglou et al. 2013. Imaging assessment of the most important complications of the Diabetic Foot. Review based on case study. *Hellenic Radiology* 44, 2:101-113.
7. C. Loupa, E. Koutsantoniou, E. Voyatzoglou et al. 2013. Serial radiography imaging in the diagnosis of osteomyelitis in the diabetic foot. *Hellenic Diabetological Chronicle* 26, 4: 237-242.
8. C. Loupa, S. Papanikolaou, E. Voyatzoglou et al. 2017. Amputation in Diabetic Foot. The experience of a Diabetic Foot Clinic. *Hellenic Diabetological Chronicle* 30, 3:305.
9. C. Loupa, E Meimeti, EVoyatzoglou et al. 2017. Levofloxacin-Induced Photosensitivity Mimicking Severe Cellulitis in a Patient with Diabetic Foot Infection. *MOJ Clinical&Medical Case Reports* 7,6:00221.
10. A.V.Kouki, S.Liapi,A.Donou,E. Voyatzoglou et l. 2018. Diabetic Neuropathy.Results of a quick screening (2.5 min duration) in an outpatient diabetic foot clinic. *Current Medical Journal* 4,2:71,72. \
11. C.Loupa, M.Geka, S.Papanikolaou, A. Donou, E. Voyatzoglou et al. Infections PEDIS 4: Life threatening which are over underestimated. *Hellenic Diabetological Chronicle* 31, 1:44-51, 2018.

### **Posters in International Level:**

1. C.Loupa, T. Panagea, E Voyatzoglou et al. Prevalence of nasal carriage of staphylococcus aureus in osteomyelitis of the diabetic foot. XI Meeting of the DFSG 20-22/09/2013.
2. C. Loupa, E. Koutsantoniou, E Voyatzoglou et al. Cost-effectiveness Evaluation of the Role of Serial Plain Radiographs in the Diagnosis of Diabetic Foot Osteomyelitis. IDWeek Advancing Science, Improving Care, San Francisco 02-06/10/2013.
3. G. Topakas, I. Karchilaki, I. Dontas, P. Pachantouris, E. Voyatzoglou et al. Complete healing of the diabetic foot ulcers with autologous fibroblasts: 3 years follow up. 7<sup>th</sup> International symposium on the diabetic foot, the Netherlands 20-23/05/2015.
4. P.Daikou, E.Pappa, C Loupa, E. Voyatzoglou et al. The role of surgeon in treating diabetic foot: our experience and literature review.8<sup>th</sup> International Medical Congress of the Southeast European Medical Forum (SEEMF), 07-10/09/2017, Athens, Hellas
5. E. Pappa, S Papanikolaou, A. Donou, E Voyatzoglou et al. When amputation is needed in diabetic foot. 8<sup>th</sup> International Medical Congress of the Southeast European Medical Forum (SEEMF), 07-10/09/2017, Athens, Hellas.
6. F. Lakopoulou, M. Charcharidou, G. Vasilopoulos, M. Kalafati, I. Kalemikerakis, E. Voyatzoglou et al. Investigation of factors related to elevated protease activity (EPA) in patients with diabetic foot ulcers. 14<sup>th</sup> Scientific meeting Diabetic Foot Study Group. 08-10/09 2017, Porto, Portugal.

### **Posters in National Level:**

1. D.Voyatzoglou, C.Loupa, E. Voyatzoglou, et al. The experience of using silver in treatment of diabetic foot syndrome. 2<sup>nd</sup> National Conference of Hellenic Society of Wound Healing (HSWH), Athens, Greece 23-25/09/2005.
2. D.Voyatzoglou, C.Loupa, E. Voyatzoglou et al. Successful treatment of 3 individuals with diabetes and extensive ulceration of the lower limb with coexisting osteomyelitis. 2<sup>nd</sup> National Conference HSWH, Athens, Greece 23-25/09/2005.
3. E. Voyatzoglou. The effect of different types of poron insoles on plantar pressures during the gait cycle. 3<sup>rd</sup> National Conference of HSWH, Athens, Greece 15/03/2007
4. D. Voyatzoglou, E. Voyatzoglou. Evaluation of the use of “Dermax” (PHI-5) dressings for the treatment of diabetic foot ulcers. 3<sup>rd</sup> National Conference of HSWH, Athens, Greece 15/03/2007.

5. A.Mayridis, M.Skopeliti, E Voyatzoglou et al. The peripheral arterial disease of the diabetic foot as part of a generalized arterial disease. 2<sup>nd</sup> International Conference of the Hellenic Association for the Study of the Diabetic Foot (HASDF), Athens, Greece 15-17/04/2010.
6. I. Apostolidou, A.Mayridis, A. Karaitianou, E. Papadaki, E Voyatzoglou et al. The timeless tendency of isolating pathogens in diabetic foot ulcers. A 17 years record keeping. . 2<sup>nd</sup> International Conference HASDF, Athens, Greece 15-17/04/2010
7. D. Chrisis, M. Skopeliti, M. Fatourou, I. Bakas, E Voyatzoglou et al. Necrotizing infections of the soft tissue of the diabetic foot. An urgent situation which needs immediate management. . 2<sup>nd</sup> International Conference HASDF , Athens, Greece 15-17/04/2010
8. C. Loupa, A. Mayridis, E Voyatzoglou. The clinical features of diabetic podopathy. Our 11 year experience of the Diabetic Foot Clinic. 2<sup>nd</sup> International Conference HASDF, Athens, Greece 15-17/04/2010.
9. C.Loupa, T. Panagea, E Voyatzoglou et al. Staph Aureus in Osteomyelitis in diabetic foot end the prevalence of the nasal carriage of the specific microbe. 13<sup>th</sup> Pan-Hellenic Conference of the Hellenic Society for Infectious Diseases, Athens, Greece 22-24/02/2013
10. G. Levantis, E. Kiriou, E. Voyatzoglou et al. The contribution of simple radiography imaging in the differential diagnosis of Osteomyelitis and Neuropathic Osteoarthropathy (Charcot) in the Diabetic foot. 13<sup>th</sup> Pan-Hellenic Diabetology Conference, Athens, Greece, 27-31/03/2013.
11. G. Levantis, E. Kiriou, A. Donou, E Voyatzoglou, et al. Investigation with simple radiography imaging of necrotizing infections on the diabetic foot. 13<sup>th</sup> Pan-Hellenic Diabetology Conference, Athens, Greece, 27-31/03/2013.
12. C.Loupa, E. Voyatzoglou et al. Burns in diabetic foot. 4<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece, 06-08/02/2014.
13. C. Loupa, G. Dedemadi, D. Chatzigiannakos, N. Zanes, E. Koutsantoniou, A. Kokas, E. Sarris, E. Voyatzoglou et al. Patient with very serious necrotizing fasciitis (PEDIS4) due to neglected ulcer for social reasons. 4<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece, 06-08/02/2014.
14. C. Loupa, N. Zanes, G. Katsantouris, E. Koutsantoniou, A. Dermon, D. Biblaki, E. Voyatzoglou et al. The significance of reperfusion with angioplasty in an ulcer management of a diabetic foot with peripheral arterial disease. 4<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece, 06-08/02/2014.

## Oral Presentations

1. C. Loupa, E Voyatzoglou, et al. Bullosis Diabeticorum: A not-so-rare condition characteristic of Diabetes Mellitus. 1<sup>st</sup> Annual Joint Conference HASDF, Hellenic Cardiological Society (HCS), Hellenic National Centre for the Research, Prevention and Treatment of Diabetes Mellitus and its complications (HNDC), Porto Heli, Greece, 07-10/07/2011.
2. C. Loupa, E. Meimeti, A. Donou, E. Voyatzoglou, et al. Use of Vacuum-Assisted closure (VAC) device in a diabetic foot clinic. 1<sup>st</sup> Annual Joint Conference HASDF, HCS, HNDC, Porto Heli, Greece, 07-10/07/2011.
3. C. Loupa, I Kotsanis, E. Papadakis, E. Voyatzoglou et al. Successful treatment of selected cases of osteomyelitis in the diabetic foot without surgical bone removal. 1<sup>st</sup> Annual Joint Conference HASDF, HCS, HNDC, Porto Heli, Greece, 07-10/07/2011.
4. C. Loupa, E. Voyatzoglou, et al. Diabetic Foot Odyssey. 2<sup>nd</sup> Pan-Hellenic Symposium of HASDF with international participation. Thessaloniki, Greece, 21-23/02/2013.
5. C. Loupa, E. Voyatzoglou, et al. The significance of managing the diabetic foot as part of a multidisciplinary foot-care team: Rehabilitation of an ulcerated Achilles tendon in 3 patients. 6<sup>th</sup> Pan-Hellenic Conference of HSWH, Athens, Greece 11-12/04/2013.
6. A.Kouki, S. Liapi, E. Voyatzoglou et al. Ulcer prevention in the diabetic foot with quick screening for neuropathy and arterial disease. A clinical practice which should be carried out in every assessment of a diabetic patient. 7<sup>th</sup> Pan-Hellenic Conference HSWH. Athens, Greece 22-23/10/2015.
7. C.Loupa, S. Papanikolaou, E Koutsantoniou, E. Voyatzoglou. Patient with repeated infections PEDIS 4. ‘One play in four acts’. 5<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 05-07/02/2016.
8. C. Loupa, A. Dermon, E. Koutsantoniou, S. Christaki, I. Doupis, E. Voyatzoglou et al. The ‘long story’ of a patient with Charcot neuroathropathy. 5<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 05-07/02/2016.
9. G. Topakas, E. Karchilaki, I. Dontas, P. Pachanoturis, E. Voyatzoglou. Successful application of autologous fibroblasts in diabetic foot ulcers. Complete healing result kept after 4.5 years. . 5<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 05-07/02/2016.
10. C. Loupa, E. Koutsantoniou, G. Levantis, E. Voyatzoglou et al. Patient with neuropathic ulcer of the toe and edema of the foot. 5<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 05-07/02/2016.

11. A.Maris, F. Matthelolampaki, L Voyatzoglou et l. Successful reduction of a calcified mass of a diabetic foot- differential diagnosis. 6<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 01-04/02/2018.
12. L.Voyatzoglou et al. Patient with unilateral Charcot neuroarthropathy and fracture. 6<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 01-04/02/2018.
13. S.Papanikolaou, N.Zanes, E. Pappa,L.Voyatzolgou et al. Foot salvage in male with peripheral arterial disease (fontaine IV) with angioplasty, surgical debridement and antibiotics. 6<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 01-04/02/2018.
14. A. Donou, L.Voyatzoglou et al. Male with neglected diabetic foot. 6<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 01-04/02/2018.

### **Lectures-Clinical Tutorials**

1. E. Voyatzoglou-Lecture: *Diabetic Foot Management*. 3<sup>rd</sup> National Conference of HSWH, Athens, Greece, 15/03/2007.
2. E. Voyatzoglou-Lecture: *The role of Podiatry in Diabetic Foot*. 9<sup>th</sup> year of Papadakis Primary Care Educational Workshops, Athens, Greece, 16-21/02/2009.
3. E Voyatzoglou – Clinical Tutorial: *Diabetic Foot in Clinical Practice*. 2<sup>nd</sup> Pan-Hellenic and 1<sup>st</sup> European Scientific and Professional Nurse Congress, Rhodes, Greece, 12-15/05/2009.
4. E. Voyatzoglou-Clinical Tutorial: *Diabetic Foot Care*. 10<sup>th</sup> year of Papadakis Primary Care Educational Workshops, Athens, Greece, 01-05/02/2010.
5. E. Voyatzoglou, G. Markou Clinical Tutorial: *Prevention and Management of Diabetic Foot- From Theory to practice with the specialist podiatrist and nurse*. 13<sup>th</sup> year of Papadakis Primary Care Educational Workshops, Athens, Greece,11-15/02/2013.
6. E.Voyatzoglou, M. Psalas, L. Doukas, A. Nikolaidis Clinical Tutorial: *Ulcer treatment – Offloading*. 2<sup>nd</sup> Pan-Hellenic Symposium of HASDF with international participation. Thessaloniki, Greece, 21-23/02/2013.
7. E. Voyatzoglou, A. Nikolaidis, L. Doukaw Clinical Tutorial: *Nurse and podiatry approach of the diabetic foot – Offloading*. 3<sup>rd</sup> Pan-Hellenic Symposium of HASDF with international participation. Thessaloniki, Greece, 05-08/02/2015.

8. E. Voyatzoglou, C. Loupa, I. Kalemikerakis Clinical Tutorial: Cross-scientific approach in the management of diabetic foot – *Special techniques and offloading devices of the diabetic foot*. 7<sup>th</sup> Pan-Hellenic Conference HSWH. Athens, Greece 22-23/10/2015.
9. M. Bates, N. Potouridi, E. Voyatzoglou, L. Thiaspras Clinical Tutorial: Offloading, Therapeutic Footwear – *Other methods of offloading*. 5<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 05-07/02/2016.
10. L. Voyatzoglou, L. Thiaspras. Clinical Tutorial: Podiatry approach of the diabetic foot – *Offloading*. 4<sup>th</sup> Pan-Hellenic Symposium with international participation, Thessaloniki, Greece 02-05/02/2017.
11. N. Papanas, S. Kalopita, C.Loupa, A. Kamaratos. E. Voyatzoglou. Clinical Tutotrial: Management of Diabetes Mellitus in clinical practice. Discusion of case studies between the specialists and the participants. 16<sup>th</sup> year of Papadakis Primary Care Educational Workshops, Athens, Greece 15-19/02/2016.
12. G. Markou, A. Nikolaidis, L. Voyatzoglou, L. Thiaspras, M.Valasami, L.Doukas, E. Matopoulou. Clinical Tutorial: Topical Treatment and Prevention- *Therapeutic Footwear*. 6<sup>th</sup> Pan-Hellenic Conference HASDF, Athens, Greece 01-04/02/2018.

#### **Distinctions:**

- First award for the best Poster at the 16<sup>th</sup> Panhellenic Congress of the Hellenic Diabetes Association by the title: Inflammatory markers and hematocrit (hct) in osteomyelitis in the diabetic foot. Their role in differential diagnosis and follow up treatment of the patients. C.Loupa, S. Mazari, A.Donou, E Voyatzoglou et al. Athens 17 March 2018.

#### **Voluntary Work:**

- Special Olympics Athens 20/06-05/07/2011 – Specialist Podiatrist for the Athletes.

#### **Member of Scientific Societies:**

- Society of Podiatrist and Chiropradists, HCPC, Hellenic Society of Wound Healing (HSWH), Association for the Study of the Diabetic Foot (HASDF), Hellenic Diabetology Society, Hellenic Society of Podologists and Podiatrists.



